

Bodacious Boobi Balm

Inshanti Wellness Spa

Spring 2011

A Note from Debra ...



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I created this blend because so many people, including many of my dear friends, are suffering with breast cancer.

This product was created using fresh (not dried) flower blossoms from organic farms. The balm contains violet blossoms, yarrow flowers & leaves, calendula, red clover, and dandelion blossoms infused for a period of 6 to 8 weeks in organic extra-virgin olive oil.

I then blended in pure essential oils of Sandalwood and Tangerine, organic Vitamin E and organic Beeswax.

This is an awesome and very feminine blend with a sensual and exotic aroma.

I hope you will use this daily and do your breast checks, including mammograms, regularly.

Supports Good Breast Health

Violet Blossom Infused in Olive Oil has an affinity for breasts and has been used historically to treat breast lumps, cysts and cancerous growths. Gentle and cooling, softens and soothes skin. Violet is known to shrink or check growths and cysts. Made with fresh organic violets.

Yarrow Flowers and Leaves Infused in Olive Oil make a sparkling green oil that promotes fluid flow in the breasts and inhibits bacterial growth. Women have noted that consistent use of yarrow oil seems to

prevent the growth of new blood vessels that cancerous tumors need for growth. Yarrow is also a wonderful ally for relieving swollen, tender breasts and nipples.

Calendula Blossom Infused in Olive Oil is a renowned old wives' remedy against breast cancer, yet it's gentle enough for regular use. Older books call it pot marigold, causing some people to confuse it with the unrelated modern garden marigold. In addition to keeping breast tissues healthy, calendula excels at preventing - and,

with patience, removing - adhesions and scar tissue, even keloid scars.

The **Infused Oil of Red Clover Blossoms** is a remarkable skin softener. It melts away lumps, counters cancer, and helps the lymph system reabsorb unneeded cells. It's gentle enough for regular use in breast self-massage.

(continued on next page...)

Special points of interest:

- Helpful in performing regular breast checks
- Healthy for your breasts!
- Ingredients known to treat breast lumps, cysts & cancerous growths and known to shrink or check growths & cysts
- Helpful in relieving swollen, tender breasts and nipples
- Supports the lymphatic and immune systems





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Inshanti Wellness Spa

Relaxing Aromatherapy & Pure Essential Oils

***Inshanti – In perfect peace.** Located in rural Lancaster PA, away from the hustle and bustle of the city, Inshanti offers a private setting for you to relax while becoming renewed and rejuvenated through natural healing with advanced skin care, Thai massage, Facials, Natural Alternatives, Peels and other Health Spa Services.*

Supports Good Breast Health (continued)

The **Infused Oil of Dandelion Blossom** also has a special affinity for breasts. Regular use of dandelion flower oil promotes deep relaxation of the breast tissues, facilitating the release of held emotions. Applied regularly to the entire breast area, flowing golden dandelion flower oil can strengthen your sense of self worth as well as your immune system. This oil is a superb ally for regular breast self-massage, and highly praised by those doing therapeutic breast massage.

Pure Essential Oils

The essential oil of **Sandalwood** is beneficial for supporting the circulatory and lymphatic systems, for example, varicose veins and swollen lymph glands. Sandalwood oil has a relaxing effect on the nerves. Anti-spasmodic and anti-infectious; supports the immune system. Anti-tumoral.

The essential oil of **Tangerine** is a great antiseptic and anti-spasmodic. Also supports the immune system.

All of these infused and essential oils help decongest and support the lymphatic system.

I encourage everyone to have regular breast exams performed by a medical professional.

